

Summer of Peace™ 2012:

David Nicol

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David: Okay, welcome everybody to this spirituality and peace series. My name is David Nicol, the director of the Gaiafield Project. We're the co-host of this series with The Shift Network Summer of Peace program. We're delighted to have you back with us again in the call.

This is a series that is not so much about talking about peace and prospective of peace building, but really about experiencing it in the most essential way, the most direct way, experiencing it in the ground of our being through various kinds of intentional practices that were engaging with from a variety of spiritual traditions.

So each week, we're laying down a different flavor to a global field of peace that we're building throughout this Northern Summer. So I just like to invite you to consider this as not just a one off-call, but as part of the series that is growing this field of peace.

On September 21st, we're going to bring this field to a peak. It's really quite remarkable what might occur on September 21 with all of these different layers of different traditions and different networks that are being involved in contributing to this global field of peace. It could well be one of the more profound global meditation events that have ever been on this planet on September 21st.

We'll have multiple hub sites, different venues around the world, and people calling in from their own homes. So we invite you to join us for that peak event as well.

So we also feature in this series a global care room which is a beautiful piece of internet technology developed by the Institute of HeartMath. It is a website that has a spinning Google earth map on it that shows participant's location as points of life on the map.

There's an audio player in the room where each week we upload the meditation that's given by the guest from this week's call. So you can go back into the room throughout the week to listen to the meditation with others around the world. That is a way to keep building this field of peace throughout the week.

So at the moment, unfortunately we are having technical difficulties in accessing our guest this week, Jorge Najera from Mexico. We are in the process of trying to get in contact with him, but at the moment there is a difficulty.

So what we're going to do is move to plan B and share with you another of our Gaiafield achievement practices. The Gaiafield council has developed over the course of four years a practice that we call "Gaiafield Achievement."

We shared this practice last week with you. It's a simple way to create a structured space where we can enter into the field in a very deep way and open to intuitive guidance about any issues, personal or collective. We found it to be a very effective way of building this deep field of peace together.

So I would like to just share a few words about this practice. So it's an opportunity today to really have a deep dive into the field. We often on this call have about a 15-minute of practice, but we're just going to go with the flow today.

Again, apologies for those of you who are looking forward to our interview with Jorge Najera, but we just can't get him on the line. The opportunity we have is to spend longer in this deep space of meditation. What we encourage you to do as well is to be open to whatever intuitive insights and guidance might come to you in the practice. We will do a short guided meditation. We'll be in silence for about twenty minutes or so.

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Then we'll open the call for sharing from guest. We encourage you to see that as a significant part of the practice where we can learn from each other, where we can grow the intimacy in the field by sharing our inner worlds with each other, sharing the insights that come. That way, we can build this collective field of wisdom together.

So what we'd like to do is simply bring a focus to continuing to build this field of peace as our way of contributing to the shift to a global culture of peace. So that would be our main intention in the meditation.

So I would like to invite you now just to make this transition into a deeper meditative space. We can do that by closing our eyes and taking a few deeper breaths than normal. Just noticing whatever is present for you in this moment. Loving whatever thoughts and feelings are in your experience to be there just as they are. Not trying to change anything in your awareness. Giving yourself the gift of arriving fully, resting fully in this present moment.

Let's bring our awareness now to our connection to the earth through our physical contact with our feet and our weight on the seat. Just recognizing how that connection with the earth grounds our experience, bring security and nourishment into our awareness.

Then from this place of being deeply rooted in the earth, let us just open our awareness to the energies above, energies of the sun and the stars, the radiant light and visualizing this cosmic light filling your energy fields, cleansing you, bathing you with its warmth and clarity.

Imagine that light surrounding your energy field like a healthy membrane, but only allows in energies for your highest good.

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We welcome into the space a connection with your highest or deepest self and the connection with any personal guides that you work with.

So now let's bring our attention to the presence of each other on the call and listening to the webcast and those who will listen later to the recording. Just intuitively sensing their presence and your connection, sensing this collective group field that's forming through our awareness of each other and sensing how we're joined in common intention to bring peace to our world.

Let's visualize now a healthy, broader membrane of lights that surround the group field providing security, safety and integrity of our group field.

Let's welcome now into this space allies from the natural world from the mineral realm, plant, teachers of various kinds, animals and other creatures and also allies from subtle dimensions of spirit.

Now, let's be aware about group field being embedded in the broader planetary field, the Gaiafield. It contains all aspects of life on earth.

Finally, we open to the great mystery, the universal field, the source of all that is. So we're going to enter now to our time of silence. We join together with this intention. May this field of peace and healing serve to support the shift to a global culture of peace.

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May the shift happen peacefully and may we support all those who are working to support the shift to a culture of peace. We'll be in silence and I'll open the field for sharing when we get to that time.

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In this last phase of the meditation, I want to invite you to imagine this field of silence and peace just spreading out into the world. Gently blessing whatever it touches, allowing its own intelligence to go where it's needed and just being open to where your own awareness moves spontaneously as we send these blessings of peace into the world.

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Okay, so let's open up this call for sharing. It's not necessary that you share. It's perfectly fine to remain in the silent space, but if you feel moved, some vision or insight that you would like to share, then we welcome that. Just press *2 on your phone to raise your hand and we'll call on you.

If you're on the webcast, then you can type your comment into a chat box and we'll read it out.

Male 1: We do have a question on the webcast. It is from Nancy, and she asks, "Can you talk about taking advantage of the energy that's focused at the 2012 Summer Olympics while meditating on a global peace?"

David: Yeah. There is a project called "World Heal 2012" that is gathering people in this sort of practice, specifically the focus on the Olympic flame that's burning throughout the 17 days of the Olympics. So I just encourage you to check that out, World Heal 2012.

I have to say for myself when I look at the lighting of the Olympic flame with the awareness of that project and the intentions they import into the flame. It did send chills down my spine. So thank you.

So again, it's *2 if anyone would like to share a comment, a question. Otherwise, we can just stay in the silent field together.

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I'll just share for myself the most profound part of that meditation for me is this experience of feeling that field of peace that we created. Embracing the parts of myself that have difficulty developing and through doing that, putting me in contact with all parts in the world and other people and the countries and places and so on.

There has just difficulty in developing. It felt like the field created this, just compassion and understanding for the difficulty and the challenges in doing that and provided peace.

Okay. So I see we have Willy Proust from Washington. Willy, would you like to share your comment?

Participant: Actually it's Worth.

David: Oh, Worth. Hi, Worth.

Participant: Willy is my husband and he would sign on to this. I just want to put into words appreciation for you and all the folks at Gaiafield and the others in the midst of this rising tide of work going on. There so much that it can be hard to keep track of. Just want to put the appreciation into words. Thank you.

David: Thank you, Worth. Okay, we have DNT Caldwell from Texas. You're live.

Participant: My husband and I are privileged to be part of this beautiful meditation again this weekend. I did get a vision today of the field that is being created in the form of colors. I don't have words for the beauty of the colors of the field that were surrounding the earth and as both of us not only joined in a call that were receiving from this field, this colors, but then also extending them to the world in the form of blessing wherever they are most needed.

There's a very powerful healing in these magnificent colors that are present there and being used for this healing work. Thank you so much.

David: Thank you. Beautiful

Male 1: We've got two webcast listeners that I'd like to bring in. Linda, just to address your question, is it possible to get an MP3 of this meditation? Yes, indeed. We'll have an MP3 posted later today at summit.summerofpeace.net/program. That link could also in your daily Summer of Peace emails.

A comment from Claudia on the webcast says, "Thank you for the meditation. It was very powerful. At the end, my hands I got very warm and I sent it out to all the people I could think needed it."

David: Great. Thanks, Claudia. Also I'll remind listeners that the meditation is also posted on the global care room so that you can listen to it during the week. Each week, we post the meditation of the guest of that week. So we'll post this meditation in the care room.

You can go in there and listen with others around the world anytime during the week.

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Okay, so just a few more minutes available for anyone who wants to share. Otherwise, we can stay in the silent field together. I also just mentioned the people it's not necessary to have a vision or a specific insight. Just being in the field together is awesome, a major part of the work and the transformative energy of the fields happens on many different levels.

Sometimes it becomes very conscious and crystallizes in the form of an insight. Other times, it's just more of a sense that there is something working through us, working through the field.

So we just want to remind you of that perspective and that just being here with us and lending your presence is enough to create this process of transformative work.

Male 1: Just to echo that, Bethany on the webcast says, "It's so peaceful to experience that part of connection around the world in silence."

David:

I see Linda from the webcast also says, "It was a gift to join with all of the elements on earth that are yearning together for peace." Thank you, Linda.

Okay. So let's bring this circle to a close. To do so, just let's have another 15 to 20 seconds just in silent gratitude for each other for the field and for all the beings and all the levels that showed up with us today in support of this work in this intention.

Okay. Thank you so much everyone. So just before we go, I wanted to share just a question on September 21st. We are going to be doing this global achievement for peace. It would be essentially the same practice, but with multiple hub sites around the world in a very extensive fields with thousands of people calling in.

We are looking for folks that may want to host a hub site, hosting a hub site can be as simple as having a small group of people in your house and a speaker phone. So you just calling in as you are now and we cast to hub sites at the start of the call and so that we can be present to the extent of the field and where it's reaching into around the world.

So if you would like to consider hosting a hub site then please let me know at david@subtleactivism.net. We'd love to have you join us in that capacity.

Okay. So next week's guest is Anette Carlstrom from Sweden. She's known as the Dalai Lama of Sweden. She has a beautiful radiant energy. She's connected with the Wonders Blessing Transmission Movements that arose in India. So we're really looking forward to her call.

She brings a network that is not normally picked up in these sorts of series from Scandinavia and Russia and Northern Europe.

So it will be great to join in with them to continue building this field of peace. So until then, I wish you a great week and many blessings. Namaste.

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